

My breast and implant awareness record

PRIVATE HEALTH RECORD | KEEP SECURELY AND BRING TO APPOINTMENTS.

This form tracks information and follow-up. It cannot diagnose rupture or cancer. Contact your provider promptly about a new change; do not wait until the next scheduled check.

My implants and records

Name _____ Updated _____

Placed _____ Type: ☐ Silicone ☐ Saline ☐ Unknown

Surface: ☐ Smooth ☐ Textured ☐ Unknown Reason _____

Left: manufacturer / model / size _____

Left serial or lot number _____

Right: manufacturer / model / size _____

Right serial or lot number _____

Surgeon / facility _____ Phone _____

Records stored at _____ Missing records _____

Imaging and follow-up

Date / examination	Result and next check	Provider / contact

Changes and the care plan

Date noticed _____ What / where _____

Provider contacted / date _____

Recommended next step _____

Cost and coverage

Estimated total \$ _____ My share \$ _____ Authorization _____

Facility / radiologist in network? _____ Reference number _____

Next appointment _____ Breast cancer screening due _____

For silicone implants: initial ultrasound or MRI at 5 to 6 years, then every 2 to 3 years. Symptoms need evaluation whenever they appear. Ask your clinician for your individual plan.